Weekly Market Updates

PERFORMANCE FOODSERVICE

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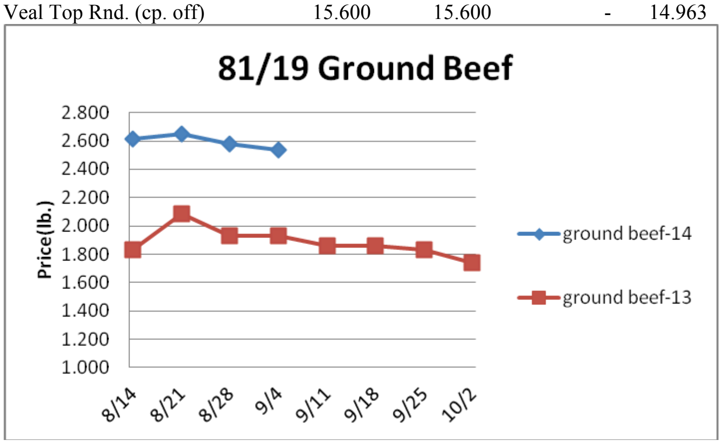
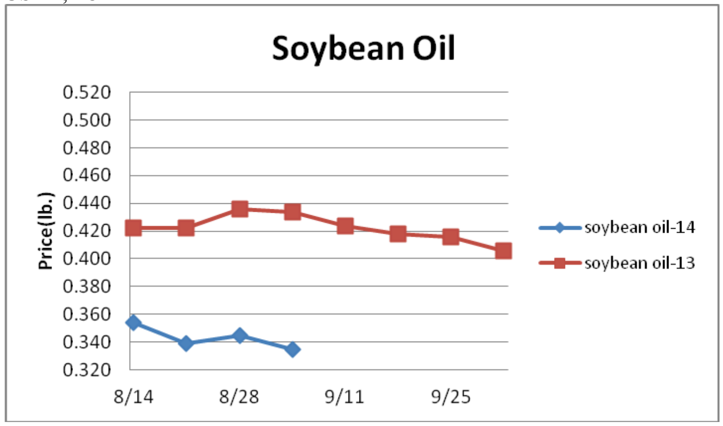
Beef-- Beef production last week declined .7% and was 6.1% less than the same week a year ago. Beef output may track modestly closer to 2013 levels in the coming weeks due to heavy cattle weights and a slight improvement in supplies. Many of the beef markets have been pressured downward as of late. However, beef demand appears to be improving with total shipments last week the largest for any week since October of last year. This suggests that any further downside price risk in the beef markets is likely limited from here. Holiday buying for beef will seasonally escalate shortly. Last year the 112a choice beef ribeye market rose 13.7% during the next 14 weeks. Price USDA, FOB per pound.

	Price	Last Week	Difference	Price 13
Live Cattle	1.547	1.545	+.002	1.242
Feeder Cattle Index (CME)	2.211	2.177	+.034	1.561
Ground Beef 81/19	2.534	2.581	-.047	1.927
Ground Chuck	2.696	2.768	-.072	1.984
109e Export Rib (choice)	6.469	6.510	-.041	5.974
109e Export Rib (prime)	10.583	10.579	+.004	9.544
112a Ribeye (choice)	6.988	7.235	-.247	6.707
112a Ribeye (prime)	11.224	11.496	-.272	9.808
116 Chuck (select)	3.117	3.062	+.055	2.331
116 Chuck (choice)	3.115	3.128	-.013	2.421
116b Chuck Tdnr (choice)	3.014	3.145	-.131	2.268
120 Brisket (choice)	2.985	3.045	-.060	2.021
121c Outside Skirt (ch/sel)	5.738	5.653	+.085	4.060
121d Inside Skirt (ch/sel)	4.054	4.231	-.177	3.686
167a Knckle, Trm. (ch.)	2.950	3.002	-.052	2.376
168 Inside Round (ch.)	2.692	2.898	-.206	2.001
174 Short Loin (ch. 0x1)	5.671	5.744	-.073	4.844
174 Short Loin (prime)	9.979	9.901	+.078	8.217
180 1x1 Strp (choice)	5.408	5.587	-.179	4.559
180 1x1 Strp (prime)	10.428	10.073	+.355	10.378
180 0x1 Strp (choice)	5.841	6.198	-.357	5.159
184 Top Butt, bnls (ch.)	3.517	3.128	+.389	3.072
184 Top Butt, bnls (prime)	4.264	4.105	+.159	4.020
185a Sirloin Flap (choice)	4.763	4.796	-.033	3.469
185c Loin, Tri-Tip (choice)	3.954	3.976	-.022	2.594
189a Tender (select)	10.496	10.525	-.029	8.606
189a Tender (choice)	11.336	11.277	+.059	9.695
189a Tender (prime)	15.201	15.206	-.005	12.947
193 Flank Steak (choice)	5.100	5.263	-.163	4.638
50% Trimmings	1.292	1.369	-.077	1.069
65% Trimmings	1.949	1.929	+.020	1.430
75% Trimmings	2.135	2.102	+.033	1.640
85% Trimmings	2.776	2.790	-.014	2.024
90% Trimmings	2.998	2.990	+.008	2.088
90% Imported Beef (frz.)	2.835	2.810	+.025	1.923
95% Imported Beef (frz.)	3.020	2.985	+.035	2.020
Veal Rack (Hotel 7 rib)	8.975	8.965	+.010	8.350
Veal Top Rnd. (cp. off)	15.600	15.600	-	14.963



Oil, Grains, Misc.- Oil, Grains, Misc- The corn and soybean harvests in the southern states have been excellent with record yields. Lower soybean and soybean meal prices are expected this fall. Prices USDA, FOB

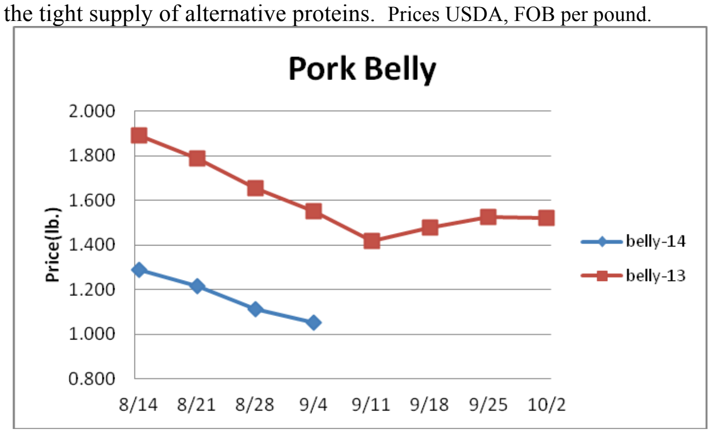


	Price	Last Week	Difference	Price 13
Soybeans, bushel	12.024	12.097	-.073	14.845
Crude Soybean Oil, lb.	.335	.345	-.010	.434
Soybean Meal, ton	604.600	548.700	+55.900	551.900
Corn, bushel	3.503	3.530	-.027	5.643
Crude Corn Oil, lb.	.380	.380	-	.380
High Fructose Corn Syrup	.130	.129	+.001	.169
Distillers Grain, Dry	119.708	116.188	+3.520	225.250
Crude Palm Oil, lb. BMD	.280	.289	-.009	.332
HRW Wheat, bushel	6.170	6.160	+.010	6.965
DNS Wheat 14%, bushel	6.570	6.620	-.050	7.750
Durum Wheat, bushel	8.278	8.350	-.072	6.933
Pinto Beans, lb.	.313	.313	-	.414
Black Beans, lb.	.390	.390	-	.403
Rice, Long Grain, lb.	.279	.283	-.004	.291
Coffee, lb. NYBOT	2.026	1.935	+.091	1.174
Sugar, lb. NYBOT	.256	.250	+.006	.210
Honey (Clover), lb.	2.055	2.055	-	2.177

Dairy - The CME cheese markets have continued to firm during the last week due in part to solid domestic demand. Cheese buyers have been limiting purchases for the last several months anticipating lower price levels. But concerns over supplies for the fall and the holiday season have prompted better cheese demand as of late. Still, CME cheese prices are trading at some of their steepest premiums to the corresponding international markets in the last eight years. This typically signals that noteworthy cheese price declines are pending. The butter market remains firm. Prices per pound, except Class I Cream (hundred weight), from USDA.

	Price	Last Week	Difference	Price 13
Cheese Barrels (CME)	2.300	2.300	-	1.770
Cheese Blocks (CME)	2.350	2.300	+.050	1.783
American Cheese	2.405	2.338	+.067	1.935
Cheddar Cheese (40 lb.)	2.378	2.308	+.070	2.120
Mozzarella Cheese	2.518	2.448	+.070	1.963
Provolone Cheese	2.875	2.805	+.070	2.318
Parmesan Cheese	4.223	4.153	+.070	3.665
Butter (CME)	2.810	2.740	+.070	1.430
Nonfat Dry Milk	1.643	1.687	-.044	1.846
Whey, Dry	.666	.672	-.006	.570
Class 1 Base	23.630	23.630	-	19.160
Class II Cream, heavy	3.610	3.530	+.080	1.948
Class III Milk (CME)	22.730	23.980	-1.250	17.980
Class IV Milk (CME)	22.100	22.970	-.870	19.420

Pork Pork output last week declined .6% and was 5.9% lower than the same week a year ago. Hog supplies are expected to seasonally improve during the next few months which should aid pork production. The USDA is projecting fall pork output to rise 10.4% from the summer. Thus, the pork markets could be on the defensive for the next several weeks. However, pork prices are likely to bottom earlier this year due to the tight supply of alternative proteins. Prices USDA, FOB per pound.



	Price	Last Week	Difference	Price 13
Live Hogs	.678	.691	.013	.646
Belly (bacon)	1.053	1.111	-.058	1.418
Sparerib (4.25 lb. & down)	1.647	1.716	-.069	1.476
Ham (20-23 lb.)	1.053	.998	+.055	.891
Ham (23-27 lb.)	.995	.941	+.054	.893
Loin (bone-in)	1.091	1.117	-.026	.954
Bbybck Rib (1.75 lb. & up)	2.435	2.442	-.007	2.132
Tenderloin (1.25 lb.)	2.703	2.686	+.017	2.007
Boston Butt, untrmd. (4-8lb.)	1.249	1.284	-.035	.960
Picnic, untrmd.	.845	.867	-.022	.602
SS Picnic, smoker trm. bx.	1.057	1.046	+.011	.757
42% Trimmings	.447	.382	+.065	.474
72% Trimmings	.926	.937	-.011	.585

Tomato Products,Canned The California tomato for canning harvest continues to progress at its best pace since 2009. Elevated raw product costs may keep canned tomato prices firm this fall. Prices per case (6/10) FOB, unless noted from ARA.

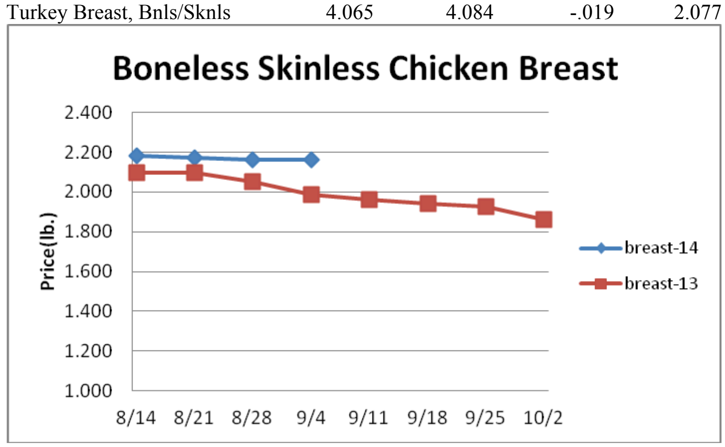
	Price	Last Week	Difference	Price 13
Whole Peeled, Standard	n/a	12.250	-	12.250
Diced, Fancy	n/a	12.750	-	12.750
Ketchup, 33%	n/a	13.438	-	13.438
Tomato Paste- Industrial (lb.)	n/a	.398	-	.398

Processed Vegetables-During September the corn for processing harvest will build. Still, mostly steady processed vegetable prices could persist into next month. Prices FOB per case from ARA.

	Price	Last Week	Difference	Price 13
Corn, Fcy whl kern- can 6/10	n/a	19.656	-	12.250
Green Beans Fcy- can 6/10	n/a	19.250	-	12.750
Green Peas, Fcy- can 6/10	n/a	20.750	-	13.438
Corn, Cob- froz 96 ct.	n/a	14.750	-	.398
Corn, Kernel- froz 12/2.5#	n/a	19.500	-	19.656
Green Beans Cut- froz 12/2#	n/a	15.300	-	19.250
Green Peas- froz 12/2.5#	n/a	26.250	-	19.500
Potatoes, FF Fncy- froz 6/5#	n/a	14.000	-	15.300

Poultry- Chicken production last week rose 2.1% and was 2.2% larger than the same week a year ago. The six week moving average for chick placements is tracking 1.2% above the previous year. This and heavier bird weights suggests that chicken production expansion compared to 2013 could be better than the 1.5% forecasted by the USDA this fall. If true, it could limit the upside price risk for the chicken wing markets. Usually the wing markets will rise near $.20 a pound between now and the Super Bowl in February. The chicken breast markets have firmed as of late in part to better demand for the Labor Day holiday feature activity. History suggests that lower chicken breast prices may be impending. Last year the ARA Boneless Skinless Chicken Breast Index fell 16% during the next eight weeks. Prices USDA, FOB per pound except when noted.

Chicken	Price	Last Week	Difference	Price 13
Whole Birds (2.5-3 lb.-GA)	1.133	1.130	+.003	1.063
Wings (whole)	1.460	1.455	+.005	1.455
Wings (jumbo, cut)	1.436	1.415	+.021	1.473
Breast, Bone In	1.255	1.265	-.010	1.195
Breast, Bnless Skinless	2.160	2.160	-	1.985
Tenderloin (random)	1.830	1.830	-	1.900
Tenderloin (sized)	2.090	2.090	-	2.120
Legs (whole)	.573	.535	+.038	.732
Leg Quarters	.525	.530	-.005	.535
Thighs, bone in	.850	.846	+.004	.854
Thighs, boneless	1.297	1.288	+.009	1.565
Eggs and Others				
Large (dozen)	1.207	1.145	+.062	1.237
Medium (dozen)	.912	.892	+.020	.998
Whole Eggs- Liquid	.753	.756	-.003	.801
Egg Whites- Liquid	1.264	1.264	-	.870
Egg Yolks- Liquid	.591	.591	-	.767
Whole Turkeys (8-16 lb.)	1.113	1.095	+.018	1.015
Turkey Breast, Bnls/Sknls	4.065	4.084	-.019	2.077



Seafood-Retail and wholesale seafood demand has benefited from expensive alternative protein prices this summer. New records were set for several beef and pork markets. With relatively tight protein supplies anticipated this fall, domestic seafood demand could remain solid. Fairly expensive wholesale seafood prices are anticipated to persist this fall. Prices for fresh product, unless noted, per pound from Fisheries Market News

	Price	Last Week	Difference	Price 13
Salmon (wh. Atl., 10-12 lb.)	n/a	n/a	-	n/a
Catfish Filets	n/a	n/a	-	n/a
Trout (drn. 8-14 oz.)	n/a	n/a	-	n/a
Shrimp (16/20), Frz	8.125	8.182	-.057	7.516
Shrimp (61/70), Frz.	4.100	4.250	-.150	5.150
Shrimp, Tiger (26/30), Frz.	6.550	6.650	-.100	6.100
Snow Crab, Legs 5-8 oz, Frz	5.400	5.375	+.025	5.300
Snow Crab, Legs 8 oz/ up, Fz	5.625	5.625	-	6.250
Cod Tails, 3-7 oz., Frz.	3.063	3.063	-	3.088
Cod Loins, 3-12 oz., Frz	3.025	3.025	-	2.950
Salmon Portions, 4-8 oz, Frz	6.225	6.225	-	5.408
Pollock, Alaska, Deep Skin	1.750	1.750	-	1.775

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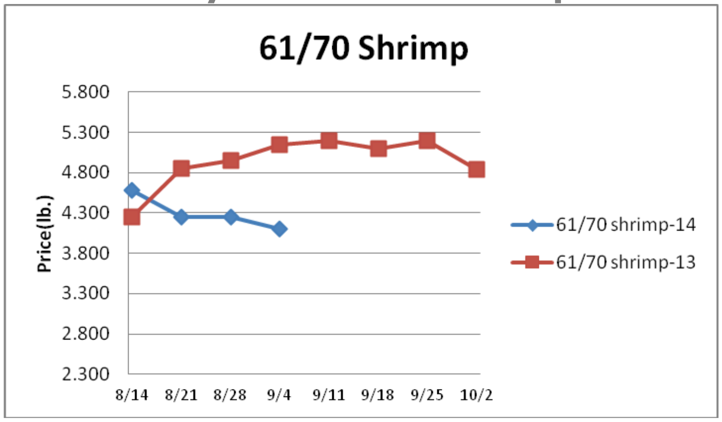


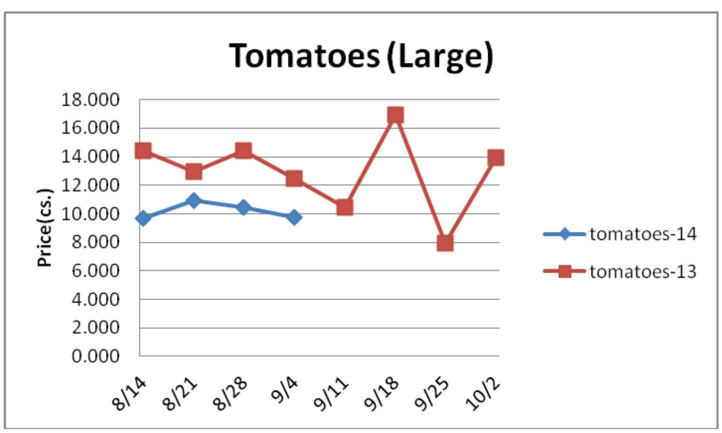
Energy & Currency-Currency US dollar is worth.

	Price	Last Week	Difference	Price 13
Crude Oil, barrel- nymex	93.250	94.110	-.860	108.540
Natural Gas, mbtu- nymex	3.895	3.986	-.091	3.666
Heating Oil, gal- nymex	2.802	2.851	+.049	3.148
Electricity, mwht- nymex	41.550	43.650	-2.100	50.720
Gasoline, gal- nymex	2.552	2.606	-.054	2.865
Diesel Fuel, gal- eia	3.814	3.821	-.007	3.981
Ethanol, gal- usda	2.138	2.187	-.049	2.600
Canadian $	1.093	1.090	+.003	1.051
Japanese Yen	105.096	103.941	+1.155	99.455
Mexican Peso	13.104	13.068	+.036	13.360
Euro	.761	.759	+.002	.759
Brazilian Real	2.248	2.264	-.016	2.357
Chinese Yuan	6.150	6.143	+.007	6.120

Paper/Plastic-Provided by; resin- www.plasticsnews.com, pulp- www.paperage.com.

Wood Pulp/ Plastic Resin	Price	Last Week	Difference	Price 13
WP; NBSK (napkin, towel)	996.729	996.729	-	949.290
WP; 42 lb. Linerboard (corr.)	671.095	671.095	-	781.807
Res; PS-CHH (cup, cont.)	1.370-1.410	1.370-1.410	-	1.170-1.210
Res; PP-HIGP (hvy utensil)	1.130-1.150	1.080-1.100	+.050	1.120-1.140
Res; PE-LLD (cn liner, film)	1.010-1.040	1.010-1.040	-	.920-.950

Produce- Lettuce prices have remained inflated. Iceberg lettuce shipments did improve by nearly 6% last week but were still 5% less than the same week a year ago. The lettuce markets could remain volatile into mid-September. The tomato markets continue to trade at engaging levels for buyers as the supply out of California continues to overwhelm demand which is buffering the maturation issue in the east. Still, history indicates that the upside price risk in tomatoes from here is much greater than the downside. The Idaho potato markets are expected to remain below 2013 levels this fall. Prices USDA FOB shipping point unless noted (terminal).



	Price	Last Week	Difference	Price 13
Limes (150 ct.)	12.500	13.000	-.500	14.000
Lemons (95 ct.)	39.850	39.850	-	40.275
Lemons (200 ct.)	28.900	28.900	-	22.275
Honeydew (6 ct.)	6.250	6.250	-	5.750
Cantaloupe (15 ct.)	6.375	6.000	+.375	7.250
Blueberries (12 count)	24.000	28.417	-4.417	28.250
Strawberries (12 pnts.)	16.000	15.000	+1.000	15.000
Avocados (Hass 48 ct.)	26.000	33.250	-7.250	40.750
Bananas (40 lb.)- Term.	15.404	13.999	+1.405	14.791
Pineapple (7 ct.)- Term.	18.063	17.417	+.646	12.562
Idaho Potato (60 ct., 50 lb.)	7.250	7.750	-.500	18.500
Idaho Potato (70 ct., 50 lb.)	7.250	7.500	-.250	18.500
Idaho Potato (70 ct.)-Term.	14.147	14.592	-.445	23.859
Idaho Potato (90 ct., 50 lb.)	6.500	6.750	-.250	16.500
Idaho Pot. # 2 (6 oz., 100 lb.)	12.000	12.000	-	15.250
Processing Potato (cwt.)	7.125	7.125	-	7.000
Yellow Onions (50 lb.)	6.000	6.375	-.375	6.000
Yell Onions (50 lb.)-Term.	14.655	14.959	-.304	12.562
Red Onions (25 lb.)- Term.	14.167	14.458	-.291	9.234
White Onions (50 lb.)- Term.	19.417	19.347	+.070	18.520
Tomatoes (large- case)	9.725	10.450	-.725	12.450
Tomatoes (5x6-25 lb.)-Term	13.545	13.553	-.008	17.854
Tomatoes (4x5 vine ripe)	10.500	9.975	+.525	14.950
Roma Tomatoes (large- case)	9.463	8.259	+1.204	10.783
Roma Tomatoes (xlarge-cs)	10.450	9.260	+1.190	10.450
Green Peppers (large- case)	9.413	6.713	+2.700	9.825
Red Peppers (large 15lb. cs.)	22.950	22.950	-	24.950
Iceberg Lettuce (24 count)	17.978	16.840	+1.138	8.002
Iceberg Lettuce (24)-Term.	25.667	24.333	+1.334	17.000
Leaf Lettuce (24 count)	11.500	11.290	+.210	11.975
Romaine Lettuce (24 cnt.)	13.723	13.838	-.115	9.987
Mesculin Mix (3 lb.)-Term.	6.813	6.594	+.219	6.583
Broccoli (14 ct.)	14.653	15.350	-.697	7.800
Squash (1/2 bushel)	9.850	10.100	-.250	10.025
Zucchini (1/2 bushel)	10.425	9.752	+.673	9.562
Green Beans (bushel)	13.425	13.925	-.500	21.562
Spinach, Flat 24's	13.400	12.950	+.450	8.925
Mushrms (10 lb, lg.)-Term.	15.112	15.146	-.034	15.125
Cucumbers (bushel)	10.788	12.784	-1.996	17.103
Pickles (200-300 ct.)- Term.	24.000	24.125	-.125	26.000
Asparagus (small)	13.500	15.500	-2.000	16.500
Freight (Truck; CA-Cty Av.)	5518.750	5487.500	+31.250	5620.000

Retail Prices-CPI, Percent compared to prior month from BLS.

	Jul-14	Jun-14	May-14	Apr-14
Beef and Veal	+.435	+.104	+.072	+2.970
Dairy	+.275	-.430	+.589	+.497
Pork	+.715	+.536	+3.186	+3.097
Chicken	+.527	+.507	+1.125	-.813
Fresh Fish and Seafood	-.233	+.367	+2.151	+1.028
Fresh Fruits and Veg.	-.730	-1.498	+1.368	+1.119