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Produce that's Fresh. Information that's to the Point

VEGETABLE	SOURCE	May 30, 2014
Asparagus	Peru	Volumes are good from Peru, except on green jumbos. Product is expected to be limited for another one to two weeks. White asparagus continues to be very limited; however, production is expected improve.
Broccoli	CA	Broccoli markets have fallen with better supplies and moderate demand.
Cabbage	GA	Markets stable with continued good supplies. Quality has been fine with harvesting from Georgia.
Carrots	MX, GA	Market conditions are stable Great quality.
Cauliflower	CA	Cauliflower markets have dropped as volumes are better and demand is lower.
Celery	CA	Markets are steady with good supplies and quality available in Oxnard. The supplies on smaller sizes remain light and growers are getting a premium for the 36ct and smaller sizes.
Corn	GA	The market remains stable with increasing supplies from Georgia. Quality and sizing will be on the increase.
Cucumbers	GA	Markets are steady, and supplies are still light on Georgia product. Cucumber sizing will improve as Georgia harvests increase.
Eggplant	FL, GA	Markets are steady, and supplies are still light on Georgia product.
Green Beans	GA	With increased production from Georgia, markets have eased, and quality improved.
Herbs	CA, SA	Adequate supplies are available on both coasts.
Lettuce – Iceberg	CA	Overall supplies remain light, and some shippers continue to battle quality issues from prior heat. Lower demand has kept markets in check.
Lettuce – Fresh-Cut	MX	Markets are steady with good quality and supplies.
Lettuce – Leaf, Green & Red	CA	Overall supplies remain light, and some shippers continue to battle quality issues from prior heat. Lower demand has kept markets in check.
Lettuce – Romaine	CA	Overall supplies remain light, and some shippers continue to battle quality issues from prior heat. Lower demand has kept markets in check.
Lettuce – Spring Mix	CA	Spring mix quality has been moderate after the heat from last week. Supplies are good.
Mushrooms	PA, CH	Markets are steady.

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Onions	TX, CA	Markets remain stable on yellow onions and red onion markets have eased. Texas volumes have slowed down as New Mexico begins. Southern California onions transition north to Central California.
Onions – Green	MX, CA	Markets are stable with adequate volumes.
Peas – Snow	GT	Markets have eased on snow peas with increased supplies.
Peppers – Chiles	FL, MX	Quality is good with supplies arriving from east and west.
Peppers – Green, Red & Yellow	FL, MX	We are still in a gap on the East Coast with green pepper. Florida supplies are light, and Georgia has limited product ready for harvest. Markets are holding steady. Mexican red and yellow pepper markets are steady.
Potatoes – Russet	ID	Idaho potatoes remain active as supplies become somewhat increasingly difficult. Expect markets to continue to climb as we get into the summer months.
Potatoes – Red, White & Yukon	FL	Florida quality remains good on red, yellow and white potatoes. Harvesting has increased in the Northern areas of the state.
Potatoes – Yams	NC	Supplies and quality are better as drier weather improves conditions.
Spinach	CA	Spinach quality remains fair after the weather issues last week.
Squash – Yellow & Zucchini	FL, MX	Green squash markets are lower and supplies are up. Yellow squash is still limited, with prices holding firm.
Tomatoes	MX, FL	Tomato markets in the East continue to strengthen as we wait for Quincy and South Carolina volumes to begin. Limited supplies are crossing the Mexican border with good quality, with the majority of product from Florida. Quality is good out of Florida.

FRUIT	SOURCE	
Apples	WA, NY	The apple season is moving along with steady supplies. Quality is good.
Avocado, Hass	MX, CA	Markets are generally steady on fruit from Mexico and California. Quality remains good.
Bananas	Costa Rica, Honduras	Supplies are good with some vessel delays. Color and sizing are more consistent.
Berries – Blackberries	MX	Mexican and Guatemalan volumes are good with moderate quality due to weather issues.

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Berries – Blueberries	FL.	Markets are stable and demand is strong. Product will be available from North Carolina next week.
Berries – Raspberries	MX	Demand is steady with quality affected from the California heat. Volumes are increasing.
Berries – Strawberries	CA	The market is lower as demand has fallen and California regions are in better production volumes at this time.
Citrus - Grapefruit	CA.	Quality is good. Supplies are good on all sizes.
Citrus – Lemons	CA	Markets remain strong, as demand continues to be good. Lemons are expected to stay strong through the summer months.
Citrus – Limes	MX	Markets continue to ease on smaller sized fruit. Large fruit is still limited, and prices are declining slowly.
Citrus – Oranges	CA	Markets remain strong on navels. Valencias are in full swing and markets remain stable. Quality is good on both.
Grapes	MX, CA	Grapes coming out of Nogales are in full swing as supplies and quality are good. Domestic grapes out of Coachella are available as well with good quality.
Kiwifruit	Chile	Quality and volume are fine.
Melon – Cantaloupe & Honeydew	AZ, CA	The Imperial Valley growers are experiencing a gap and markets could rise. Arizona production has increased as larger size fruit is predominating.
Melons – Watermelon	FL	Markets are stable with good quality being reported.
Pears	WA, Chile	Anjou, Bartlett and Bosc are available. All are exhibiting excellent flavor. Markets are stable.
Pineapple	Costa Rica	Supplies are consistent with good quality. Brix has been averaging 13% with average internal gold color.

Information is subject to change daily due to weather and market fluctuations, this is meant to be used as a guide.